



Cal South Recommended Field Dimensions (*)

Age Group	Length (yd)	Width (yd)	Goal Box (yd)	Penalty Box (yd)	Center Circle (yds)	Goals (ft)
U6	20-30	15-20	No goal box	No penalty box	3 yds radius	4 ft high & 6 ft wide
U8	40-50	20-30	3 yds from each goal post and 3 yds into field of play	No penalty box	5 yds radius	4 ft high & 6 ft wide
U10	70-80	40-50	6 yds from each goal post and 6 yds into the field of play	14 yds from each goal post and 14 yds into the field of play	8 yds radius	7 ft high & 21 ft wide
U12 & older	100-130	45-90	6 yds from each goal post and 6 yds into the field of play	18 yds from each goal post and 18 yds into the field of play	10 yds radius	8 ft high & 24 ft wide

(*) Recommended by US Youth Soccer and FIFA